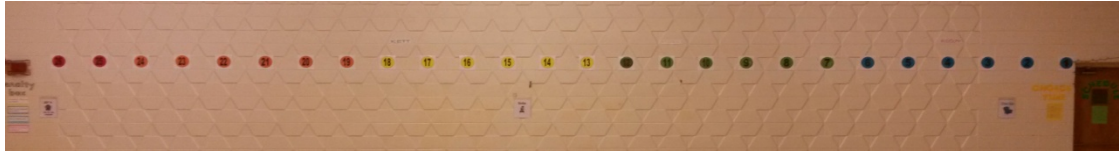


OUR GYM

When the students enter the gym, they walk around purple line of the gym quietly and safely. When the music plays, they begin jogging as part of our warm up. When the music stops, the students go to their gym spots where we talk about the day! Ask your child what number they are. Their numbers are color coded as well which helps with management :) I also use the numbers to have student helpers for the day. On the wall, I post our focus for the day. It begins with an "I Can" statement along with the activities to support the skills that we are working on.



At the beginning of the year, we talked about how we wanted to treat each other in PE class. This became our Social Contract. For each class, I wrote their suggestions down on the basketball and they signed saying that they would agree to follow it. Because of lack of time the kindergarten classes did a finger print instead of a signature. We also talked about what happens when we follow the contract and what happens when we do not. They learned that when they are responsible, they get privileges and when we are not being responsible there are consequences. Here are some examples of the privileges: choice time, proud paw, special jobs, positive note and it feels good! Here are some consequences: verbal reminder, go to the penalty box and answer the 4 questions (what were you doing, what were you supposed to be doing, where you doing that? What are you going to do next time?), miss an activity, move card/clip. We also self-evaluate at the end of class and if the students were being respectful, responsible and safe. If we can answer yes to all questions, they earn a sticker. Once their class earns 5 stickers they earn some choice time in class.



Below is a picture of our PE word wall which displays the key words that we are using and learning about in class. Each unit we are add new words.



I encourage your child(ren) to bring a water bottle to class. We have a spot for the water bottles when they enter the gym. The students may get drinks throughout the class period: not during warm ups or while I'm explaining a game. It is important to drink water before, during and after exercise©



Please help your child to remember gym shoes on their scheduled PE day©



